



INTERMEDIATE MOISTURE SWEETENED DRIED CRANBERRIES
UPC 98001, 98020

NUTRITIONAL ANALYSIS (per 100 grams- unrounded)

August 2016

Calories	363
Calories from Fat	6.57
Total Carbohydrates	89.06 g
Sugars	79.11 g
Added Sugar	72.0 g
Dietary Fiber	7.55 g
Protein	0.41 g
Total Fat	0.73 g
Saturated Fat	0.13 g
Trans Fat	0.01 g
Cholesterol	0 mg
Moisture	10.00 g
Ash	0.12 g
Vitamin A	52.85 IU
Vitamin C	3.90 mg
Vitamin D	0 mcg
Calcium	6.54 mg
Iron	0.16 mg
Copper	0.04 mg
Magnesium	3.87 mg
Niacin	0.10 mg
Phosphorus	7.65 mg
Potassium	55.03 mg
Riboflavin	0.03 mg
Sodium	4.86 mg
Thiamin	0.02 mg
Zinc	0.12 mg